



## Residential Care for Me Weekly Update - August 31, 2018

Residential Care for Me started as an innovation and improvement project to understand the residential care experience for residents, family and staff. Building on the insights gathered from months of observations, interviews, focus groups and surveys, we are now in the next phase of "**Megamorphosis.**" This phase aims to rapidly test ideas from residents, family and staff to build on the great care that staff currently provide. Building on qualities such as **compassion** and **empathy**, we strive to make sure that **emotional connections matter most**, **residents direct each moment** and that **home is not just a place, it is a feeling.**

### Meaningful Moments

Inspired by the great work that is done every day at our homes, each week we highlight a meaningful interaction that brings us one step closer to the vision

*As I was sitting at MSJ doing some observations in preparation for Megamorphosis, I noticed some commotion. It was a staff member playing rock, paper, scissors with a resident. He was laughing, she was laughing and she was making exaggerated reactions whenever she lost, which made the resident laugh some. What a wonderful example of a simple, but genuine interaction that brings joy to our residents.*

~Debra Morgan, Community Partner

### Kudos & Compliments

#### Accomplishments



**Sharing Our Vision With Some Friends:** With the opportunity to re-purpose an acute care space in their former hospital into a home for 24 people requiring residential and respite care, our friends at The Views at St. Joseph's in Comox reached out for some inspiration. Robena, Sonia and Jo-Ann headed over to support the Comox team in the shifting from institutional, traditional care towards a more social care. The keen team, lead by Michael Aikins and Jennifer Chaboteaux are already ahead of the curve and even inspired some new ideas for our PHC homes to adopt! It was incredible to witness the massive transformation of a former ICU acute care unit to a space that many will now call "Home."

**Resident Focus Groups:** The second and third of 3 resident focus groups (one English, one Chinese) took place this week at Holy Family. These focus groups are part of our involvement in the Seniors Quality Leap Initiative and intended to find out more about what residents think about social life. This was a topic that was highlighted as an area for improvement by the Office of the Seniors Advocate Quality of Life Surveys. The results of these focus will be reported back to the residents, family and staff at the homes along with ideas for how to address the feedback.

## Inspiration

Stories to Learn From

**The Toddlers Who Took on Dementia:** *"In a bold new experiment, the first of its kind in the UK, a group of toddlers head to a dementia day-care centre to share three days of time and activities with adults in their 70s and 80s."*

Unfortunately, the full video is not available but there are some good clips in the links below:

<https://www.facebook.com/BBCOne/videos/1931606473526428/> (trailer)

<https://www.bbc.co.uk/programmes/b0b3kk1h> (4 clips at the bottom of the page)

## It Takes a Village...

Your help is needed!

**Time to brag!** There is lots of great work happening across our homes that we should share. Submit your abstracts to the BC Patient Safety and Quality Council's Quality Forum! Deadline for submissions is **September 7, 2018:** <https://qualityforum.ca/call-abstracts-now-open/>

**Let's get the word out!** Please print and post the PDF version of this document for residents, staff and family who may not have access to this email. Anyone who wants to receive an email version can sign up with Sonia at [shardern@providencehealth.bc.ca](mailto:shardern@providencehealth.bc.ca).

## Important Dates

**Sep. 6, 2018: 1330-1400 & 1800-1900**

Megamorphosis Town Hall Launch: *all MSJ residents, family and staff welcome!*

*MSJ Main Dining Room*

**Sep. 7, 2018: 1430-1630**

Honory Conway 10th Anniversary Celebration

*Honoria Conway Assisted Living*

**Sep. 17 - Nov. 9**

MEGAMORPHOSIS!

*Mount Saint Joseph*