

Residential Care for Me Weekly Update - March 29, 2019

Residential Care for Me started as an innovation and improvement project to understand the residential care experience for residents, family and staff. Building on the insights gathered from months of observations, interviews, focus groups and surveys, we are now in the next phase of "*Megamorphosis*." This phase aims to rapidly test ideas from residents, family and staff to build on the great care that staff currently provide. Building on qualities such as *compassion* and *empathy*, we strive to make sure that *emotional connections matter most*, *residents direct each moment* and that *home is not just a place, it is a feeling*.

Meaningful Moments

Inspired by the great work that is done every day at our homes, each week we highlight a meaningful interaction that brings us one step closer to the vision



Elvira, our Rehab Assistant, has a love of cooking that she enjoys sharing with our residents. On this occasion, she put some ladies to work cutting bread, mixing liquid ingredients and preparing Bread Pudding for all to enjoy eating. One of the residents showed off her expertise, standing and whisking the eggs. She had such perfect form, even tilting the bowl. She shared how when she was growing up, she would bake with her mother all the time. It was great activity, enjoyed by all...residents, families and staff.

~Liz Sekulic, Clinical Nurse Leader, HFH

Kudos & Compliments

Highlights from the week

Holy Family Megamorphosis and Household Innovation: Megamorphosis sustainment meetings continue to have great attendance from residents and staff. Exciting developments for the household are coming soon as the work on painting resident rooms and creating the two new dining rooms will start on April 8th. At the larger HFH Town Hall on Thursday, Rae brought some of the new items from Megamorphosis to show residents, staff and family from the neighbourhoods, including the cats, babies and snacks. A resident also had the chance to share his experience of Megamorphosis with the larger HFH community.

It Takes a Village...

Your help is needed!

Calling All Artists! We have an opportunity to design our own hand sanitizer dispenser covers! This will be a contest to create a more home-like, less institutional cover. Designs will be accepted from all homes and from anyone - residents, staff or families. The winning

design will be voted on by residents, staff and families. You can email shardern@providencehealth.bc.ca for the template or to submit your artwork.

Working Group Members! Please share the information from the weekly update with your teams (at your home, within your discipline, etc.). Previous weekly updates can be found here: <http://www.providencehealthcare.org/health-services/seniors-services/residential-care-me/weekly-residential-care-me-update>

Inspiration

Stories to Learn From

Using virtual reality to engage residents: A long term care home in Kingston offers virtual reality <https://bit.ly/2UkhhbRi>

BC Care Providers Association Conference: The BC Care Providers Association annual conference is taking place from May 26-28th in Whistler. Our very own Jo-Ann Tait will be speaking on a panel about Supporting Quality of Life: Future Trends + Promising Approaches. You can find out more about this conference here: <https://bit.ly/2uCV6Pm>

A Care Home Placement: Disappointment or Opportunity?: "Care Homes are one of the greatest experiences you will have, teaching you about people and about relationships" <https://bit.ly/2SP51uH>

Canada's national strategy on dementia must break the cycle of shame: <https://bit.ly/2HVvUeN>

Important Dates

Apr. 2, 2019: 1400-1500

HFH Megamorphosis -
Sustainment Meeting - *All
HFH residents, family and
staff welcome!*

Holy Family North Wing

Apr. 4, 2019: 1400-1500

MSJ Micromorphosis
Meeting - *All MSJ residents,
family and staff welcome!*

MSJ Main Dining Room

Apr. 5, 2019: 0800-1000

Residential Care for Me
Working Group Meeting

Youville, 6th Floor