

Residential Care for Me Weekly Update - August 25, 2018

Residential Care for Me started as an innovation and improvement project to understand the residential care experience for residents, family and staff. Building on the insights gathered from months of observations, interviews, focus groups and surveys, we are now in the next phase of **“Megamorphosis.”** This phase aims to rapidly test ideas from residents, family and staff to build on the great care that staff currently provide. Building on qualities such as **compassion** and **empathy**, we strive to make sure that **emotional connections matter most**, **residents direct each moment** and that **home is not just a place, it is a feeling**.

Meaningful Moments

Inspired by the great work that is done every day at our homes, each week we highlight a meaningful interaction that brings us one step closer to the vision



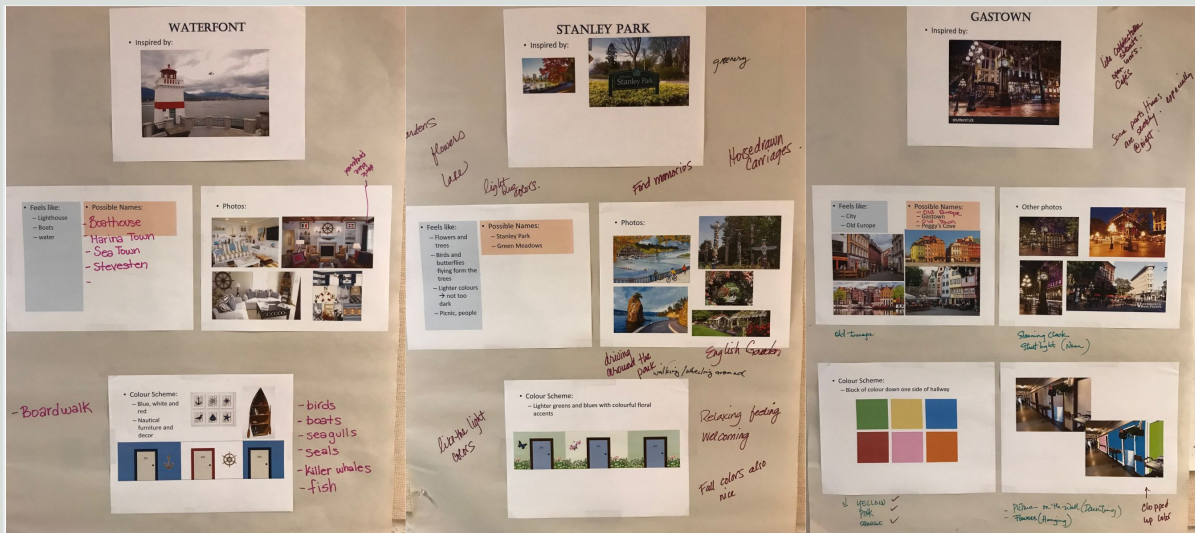
Another wonderful lunch was held in our Veterans lounge with our Veterans from Brock Fahrni. Mr. Wendell Ratcliffe requested the lunch and offered to subsidise it. Evelyn singer generously volunteered to cook the meal and brought it steaming hot to the table on the day of our event. Attendees were Karima Kurji (CNL), Alan Sherwin (Airforce), Wendell Ratcliffe (Navy), Bill Johnson (Airforce), Alfred Best (Navy), Paddi McGraff and Zana Becker (Artworks). These lunches have become very important to all; good home cooking shared with 'family' invites companionship, laughter and a homely atmosphere. We will be able to host another lunch in September due to the generous donation made by Karima Kurji. The residents will once again participate in planning the meal, and this time, help in prepping the food.

~Zana and Paddi, Artworks

Kudos & Compliments

Accomplishments

Holy Family Household Innovation: A lively Town Hall was held yesterday at HFH where residents, staff and family looked at different ideas for neighbourhood themes. It appears there are two different groups at HFH - those who like the bright lights of the bustle of the city and those who prefer the calming feel of nature. The comments and ideas will be used to design the look and feel of the neighbourhoods with the help of an artist. The group also started looking at themes for their shower rooms by choosing shower curtains. The top three designs will be purchased and tested out in the shower rooms to see if they can help create a more calming experience.



A Special Mass: On Thursday August 23rd Archbishop Michael Miller celebrated Mass with the community at Youville Residence. Residents and participants from all three programs at Youville (Residential, Parkview, and the Adult Day Program), their families/friends, staff and volunteers all came together for a time of worship and fellowship. All who attended were blessed by the message of love and encouragement offered by Archbishop Miller, who was accompanied by PHC's own priests, Father Martin Nguyen and Father Rajesh Madtha. All were welcome to come "just as they were" and the spirit of acceptance and warmth was evident throughout the service and visiting afterwards. It was an entire community effort to ensure that those who wanted to be there were able to be present and the site-wide effort was well worth it!

Inspiration

Stories to Learn From

Take a look at these unusual strategies for fighting dementia: <https://nyti.ms/2Pw66Xl>

A game like no other: Healing Spaces targets Alzheimer's, dementia patients: <https://bit.ly/2w7SV7s>

It Takes a Village...

Your help is needed!

Time to brag! There is lots of great work happening across our homes that we should share. Submit your abstracts to the BC Patient Safety and Quality Council's Quality Forum! Deadline for submissions is **September 7, 2018**: <https://qualityforum.ca/call-abstracts-now-open/>

Let's get the word out! Please print and post the PDF version of this document for residents, staff and family who may not have access to this email. Anyone who wants to receive an email version can sign up with Sonia at shardern@providencehealth.bc.ca.

Important Dates

Sep. 6, 2018: 1330-1400 & 1800-1900

Megamorphosis Town Hall Launch: **all MSJ residents, family and staff welcome!**

MSJ Main Dining Room

Sep. 7, 2018: 1430-1630

Honory Conway 10th Anniversary Celebration
Honoria Conway Assisted Living

Sep. 17 - Nov. 9

MEGAMORPHOSIS!
Mount Saint Joseph