

Residential Care for Me Weekly Update - November 23, 2018

Residential Care for Me started as an innovation and improvement project to understand the residential care experience for residents, family and staff. Building on the insights gathered from months of observations, interviews, focus groups and surveys, we are now in the next phase of "**Megamorphosis**." This phase aims to rapidly test ideas from residents, family and staff to build on the great care that staff currently provide. Building on qualities such as **compassion** and **empathy**, we strive to make sure that **emotional connections matter most**, **residents direct each moment** and that **home is not just a place, it is a feeling**.

Meaningful Moments

Inspired by the great work that is done every day at our homes, each week we highlight a meaningful interaction that brings us one step closer to the vision

Ever since the Mahjong table went up in our Bamboo neighborhood our residents have not stopped playing. One of our amazing RCAs Ginie gathered a few residents to the table one afternoon including a couple of people who do not normally join in. They were getting the game going as Ginie was about to walk away when they all started calling for her "come back Ginie, please sit down and play with us!!!". I was delighted at what I saw when I went into the dining room and thanked Ginie for taking the time to play. She said "they wanted me to play but I was worried that I should be working." I replied "that is work!" and encouraged her to sit down and join the game anytime.

~Carrie Willekes, Manager - Mount St. Joseph Residential Care

Kudos & Compliments

Highlights from the week



Megamorphosis at MSJ: The vibrancy and enthusiasm from Megamorphosis continued to spread this week as the staff in Chrysanthemum decided to brighten up their neighbourhood (see picture to the left). Spontaneous mah jong games in Bamboo neighbourhood have also become the norm. Kudos to the staff at MSJ for continuing the great work!

Out and About: Jo-Ann Tait and Ken Tekano presented Megamorphosis to a captivated audience at the 15th Annual Leadership Program for Physicians and Leaders in Long Term Care on Friday. As usual, they had a line up of interested listeners waiting to talk to them after the presentation. Posters for Megamorphosis (presented by Sonia Hardern) and the research around Interdisciplinary Care Team Stress when Caring for LTC Residents throughout the Dying Process (presented by the team of



Chris Bernard, Kit Chan, Anne Leclerc, Karen Pott, and Annes Song) were also displayed at the conference and garnered lots of interest.



Our Pursuit of World Class:Residents, families and staff at our care homes have been taking part in Town Halls for PHC's strategic planning over the last few weeks. This week, over 25 people attended the town hall at Youville to give their opinions on what makes PHC unique and what the organization needs to do to continue to build on its world class reputation over the next 7 years. Town Halls have also been held at Holy Family, Brock Fahrni and Honoria Conway. You can read more about them here: [https://bloomprovidencehealthcare.org/story-page-](https://bloomprovidencehealthcare.org/story-page-test)

[test](#)

Inspiration

Stories to Learn From

Familiar music could give Alzheimer's patients a cognitive boost: <https://bit.ly/2Qt5sKR>

An evaluation of the CHOICE program: a relationship- centred mealtime intervention for long- term care: <https://bit.ly/2Satbjj>

Free online Course! Dementia and the Arts: Sharing Practice, Developing Understanding and Enhancing Lives: <https://bit.ly/2PE0nms>

It Takes a Village...

Your help is needed!

Let's get the word out! Please print and post the PDF version of this document for residents, staff and family who may not have access to this email. Anyone who wants to receive an email version can sign up with Sonia at shardern@providencehealth.bc.ca.

Important Dates

Nov. 27, 2018: 1800-1930

Langara Strategic Planning
Town Hall - *All Langara
residents, families and staff
welcome*

*Sunroom, St. Vincent's
Langara*

Dec. 7, 2018: 0800-1000

Residential Care for Me:
Working Group Meeting
Youville, 6th floor

Dec. 11, 2018: 1230-1430

Residential Care for Me:
Navigation Group Meeting
Youville, 6th floor