

Residential Care for Me Weekly Update - September 7, 2018

Residential Care for Me started as an innovation and improvement project to understand the residential care experience for residents, family and staff. Building on the insights gathered from months of observations, interviews, focus groups and surveys, we are now in the next phase of **“Megamorphosis.”** This phase aims to rapidly test ideas from residents, family and staff to build on the great care that staff currently provide. Building on qualities such as **compassion** and **empathy**, we strive to make sure that **emotional connections matter most**, **residents direct each moment** and that **home is not just a place, it is a feeling**.

Meaningful Moments

Inspired by the great work that is done every day at our homes, each week we highlight a meaningful interaction that brings us one step closer to the vision

I love food. And getting to choose what I eat. I get to do that at home, and I believe and have heard that this is what most, if not all of the people who live in our Brock Fahrni home want and hope for as well. Working with our friends at Morrison, taste test events have been introduced into our home so that our residents can tell us what items they want to have included on their menus, before they are put on the menus...creating home, bite by bite.

~Ursula Piotrowski, Site Leader - Brock Fahrni



Kudos & Compliments

Accomplishments



Megamorphosis Launch at MSJ: The smell of fresh oranges and baking cookies were in the air as the Megamorphosis team launched the latest round of Megamorphosis at our Mount Saint Joseph home. Over 80 residents, families and staff listened as Jo-Ann Tait (in the afternoon) and Robena Sirett (in the evening) talked about the goals of Megamorphosis and gave a glimpse into some of the activities to come over the next 2 months. Stay tuned to hear more about MSJ's Megamorphosis adventures in the weeks to come.

News from Friends in Comox: Last week, Jo-Ann, Robena and Sonia were sharing PHC's vision for residential care and providing some inspiration to our friends at The Views at St. Joseph's in Comox. This Wednesday, the team at The Views started to move in their new residents. Word from their leader, Michael Aitkins, is that Jo-Ann's wallpapering over old ICU oxygen panels has been a hit. You can read more about The Views and catch a glimpse of the transformation of an old ICU into a home in this article: <http://decafination.net/2018/09/03/24-new-care-and-respite-beds-opened-at-st-joes/>

Honoria Conway 10th Anniversary: Honoria Conway held their 10th Anniversary Celebration on September 6. Planned by a committee of tenants and staff the program highlighted a video, music and of course an opening prayer by our own Father Larry.



Inspiration

Stories to Learn From

Cylons, they are not: These intelligent and friendly robots are designed to help the elderly live a better life: <https://tgam.ca/2NorYDh>

Lenny the dementia-friendly barber: <https://bit.ly/2wT24QN>

Talks and Tables Event: This event is part of the Dialogue on Aging presentation series hosted by PHC. See this link for more information on the speakers and date/time: <http://phcnews.ca/news/join-us-next-talks-tables-event>

It Takes a Village...

Your help is needed!

Let's get the word out! Please print and post the PDF version of this document for residents, staff and family who may not have access to this email. Anyone who wants to receive an email version can sign up with Sonia at shardern@providencehealth.bc.ca.

Important Dates

Sep. 11, 2018: 1230-1430

Residential Care for Me:
Navigation Group Meeting
Youville, 6th Floor

Sep. 12, 2018: 1400-1500

MSJ Micromorphosis
Meeting: *all MSJ residents,
family and staff welcome!*
*MSJ Sunroom or Dining
Room*

Sep. 13, 2018: 1400-1500

Holy Family Innovation
Project Meeting: *all HFH
residents, family and staff
welcome!*
HFH North Wing