

**Elder Care Geriatric Outpatient Clinic  
REFERRAL**

St. Paul's Hospital (SPH) Clinic  
Mount Saint Joseph Hospital (MSJ) Clinic

**CENTRAL INTAKE FAX: 604-806-8390**  
**FAX all relevant information including current medications, allergies, diagnostic and consult reports.**

**Date of referral:** \_\_\_\_\_

**Appointment requested for:**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

DOB: (MM/DD/YYYY): \_\_\_\_\_ PHN #: \_\_\_\_\_ PARIS #: \_\_\_\_\_

**Contact person for appointment:**

Patient  Other - Name: \_\_\_\_\_ Phone #: \_\_\_\_\_ Relationship: \_\_\_\_\_

Interpreter Requested: (Specify language) \_\_\_\_\_

**Referring source:** *(for physician appointment, must be NP or physician referral)*

Family Physician (name & phone #): \_\_\_\_\_

Geriatric Emergency Nurse (via ED Physician) (name): \_\_\_\_\_

Rapid Access appointment given (date and time): \_\_\_\_\_

Other (name, discipline & phone #): \_\_\_\_\_

Family Physician notified of referral

**Reason for referral:**  Cognitive changes  Functional decline  Multiple health issues  Polypharmacy  
Indicate here and/or  Tenuous living situation  Behavioural concerns  Incontinence  Falls  Other \_\_\_\_\_  
provide more info below.

**MEDICAL SERVICES REQUESTED:**

**Geriatric Medicine**

Comprehensive geriatric assessment

Cognitive assessment

Falls assessment

Pre-operative assessment

Urgent (1 to 2 weeks)

Regular: \_\_\_\_\_  
Estimated Surgery Date

Home visit for homebound elders

Other: \_\_\_\_\_

**Geriatric Psychiatry**

Cognitive assessment

Behavioural features of dementia

Mood/Anxiety/ Psychosis

Geriatric psychiatry outreach  
for homebound elders

Caregiver stress

Other: \_\_\_\_\_

**OTHER SERVICES REQUESTED:**

Continence Clinic

Nurse Continence Advisor

**Occupational Therapy**

Cognitive strategies

Optimize function & safety

Sleep strategies / CBT-I

Caregiver skill building

**Physiotherapy**

Balance & mobility

Musculoskeletal

Vestibular

**Social Work**

Patient & caregiver support

Advance care planning

Community resources

Financial stressors

**Please refer  
to the reverse  
for  
description of  
services  
offered by**

**FOR PROMPT BOOKING, ENSURE ALL SECTIONS ARE FULLY COMPLETED AND RELEVANT INFORMATION IS FAXED.**

**Acknowledgement of Referral:** Thank you for this referral. We will contact you shortly with an appointment date and time. We ask that your office provide the appointment details to your patient.

## Elder Care: Geriatric Outpatient Clinic REFERRAL FORM

The Geriatric Ambulatory Clinics at St. Paul's Hospital and Mount Saint Joseph Hospital provide an interdisciplinary approach to older adults (65+), living in the Vancouver region, who are experiencing health changes that impact their physical, cognitive or psychosocial well being.

Referrals to geriatricians and geriatric psychiatrists must be approved by a family physician or hospital based physician. Referrals to other members of the interdisciplinary team can be made by any health care provider.

### **INFORMATION FOR THE FIRST VISIT:**

- This visit may take up to 2 hours.
- Please instruct patient to bring their care card, medications, and a family member or friend to help them understand and remember information.

### **SERVICES OFFERED:**

#### **Geriatric Medicine**

- Comprehensive geriatric assessment, cognitive assessment diagnosis and management, medical review, pre-operative assessment, falls assessment, medical assessment of homebound elders

#### **Geriatric Psychiatry**

- Cognitive assessment, treatment of behavioural features of dementia, assessment and treatment of mood, anxiety and psychosis, geriatric psychiatry outreach to homebound elders.

#### **Continence Clinic**

- The multidisciplinary Continence Clinic includes a geriatrician, a nurse continence advisor and a pelvic floor physiotherapist, who treat patients with urinary incontinence, bowel incontinence and pelvic organ prolapse.

#### **Nurse Continence Advisor**

- Assessment and management of urinary and bowel incontinence and their related symptoms.

#### **Physiotherapy**

- Balance and gait retraining, vestibular rehabilitation for inner ear dysfunction and dizziness, fall prevention, musculoskeletal assessment and management to optimize function.

#### **Occupational Therapy**

- Cognitive assessment and treatment, mild cognitive impairment and dementia education for patients and families, individualized memory, brain health and sleep strategies, assessment of day to day function to optimize safety and independence, caregiver support and skill building.

#### **Social Work**

- Future planning for patient and caregiver support, linking with community resources and psychosocial stressors.

**\*Access to neuropsychologists available via internal clinic referral only\***