



## Home for Us Weekly Update - June 28, 2019

Home for Us started as an innovation and improvement project to understand the residential care experience for residents, family and staff. Building on the insights gathered from months of observations, interviews, focus groups and surveys, we are now in the next phase of **“Megamorphosis.”** This phase aims to rapidly test ideas from residents, family and staff to build on the great care that staff currently provide. Building on qualities such as **compassion** and **empathy**, we strive to make sure that **emotional connections matter most, residents direct each moment** and that **home is not just a place, it is a feeling.**

### Meaningful Moments

Inspired by the great work that is done every day at our homes, each week we highlight a meaningful interaction that brings us one step closer to the vision

#### ***When the beating of your heart echoes the beating of the drums***

*When people think of care homes, they often picture a place that is grey, dull and lifeless. Little do these people know the excitement and wonder that actually happens.*

*On this sunny Thursday, we invited Alexandra Jia and her Rhythm Bliss to Brock Fahrni for a relaxing and therapeutic drum circle. Within the hour, the whole floor was overcome with great energy. Residents, staff and families were actively engaging and playing. Residents who often avoided participating in other programs happily joined our circle, each adding their own special touch. We even saw residents become teary eyed while participating.*



*There were many positive responses from our residents:*

*Daisy: “It was fantastic! She didn’t stop and she woke everyone up and played together! It’s 10/10.”*

*Rick: “Excellent! The drum circle was visceral. It was exhausting and I do want them to come back!”*

*Shami: “The drum performance reminded me of my home, Africa. I liked that they encouraged participation but without pressure.”*

*Our residents were focused, awake and playing along with the talented team. From this unforgettable drumming experience, their enjoyment showed us that our universal language truly is **music.***

*- Angela Wan, Music Therapist Brock Fahrni*

## Kudos & Compliments

### Highlights from the week



**Gold Apple:** The 2019 13<sup>th</sup> Annual BC Health Care Awards luncheon was held on June 24<sup>th</sup> at the Fairmont Waterfront hotel. We are so proud of the PHC Residential Care Interdisciplinary Research Team for their award winning project “Keeping the Light Shining.” The team and members of the Senior Leadership team were there to accept the Workplace Health Innovation Gold Apple Award.

Project Lead: Kit Chan Project team: Anne Leclerc | Karen Pott | Chris Bernard | Annes Song | Dr Joseph Puyat | Dr Paddy

Rodney

The 2019 Gold Apple recipients videos can be view here: <https://bit.ly/2JbbDAU>



**Determination:** This envelope and its precious content have fought through the rain and shine to its rightful owner. After months of navigating the complicated internal mail system, turning up in a care home in FHA, the envelope was at long last delivered to Youville Residence by the lovely Ella Garland. With the quick thinking of the Youville Staff, a celebration was organized and the certificate was presented with much fanfare to Robena Sirett.

Congratulations to Robena for her 5 years of service!



## It Takes a Village...

Your help is needed!

**Do you need funding for your innovative idea in aging + brain health?** The Centre for Aging + Brain Health Innovation (CABHI) has officially launched the 2019 Spark Program. CABHI is inviting point-of-care staff to accelerate their ideas into innovations that can improve the lives of older adults, persons with dementia and their care partners. The Spark program provides **up to \$50,000 (CAD)** in project funding over 12 months that can be used to develop and refine early stage solutions or to adapt and test a commercially available solution in a seniors' care environment. Two projects in our program have previously benefited from this grant: the prototyping of **IlluminAid** (in partnership with the Emily Carr Health Design Lab) and the **Cover and Comfort Wrap**. To learn more about this opportunity, you can visit: <https://www.cabhi.com/2019-spark-program-call/>. The deadline is July 5, 2019.

**Working Group Members!** Please share the information from the weekly update with your teams (at your home, within your discipline, etc.). Previous weekly updates can be found here: <https://bit.ly/2HctSXQ>

## Inspiration

Stories to Learn From

Fascinating video on how a care home in Birmingham, England built a "sensory street" to help stimulate its residents. <https://bbc.in/2NitvPE> and <https://bbc.in/301e8g3>

Saskatoons Seniors celebrate Toronto Raptors' historic championship by popping champagne and playing basketball. <https://bit.ly/2IRmH7g>

### Important Dates

**July 05, 2019: 0800-1000**

Home for Us Working  
Group Meeting

*Youville, 6th Floor*

**July 08, 2019 1200-0100**

HFH - PHC Anniversary  
Celebration

*HFH Cafeteria*

**July 09, 2019 0200-0300**

YOU - PHC Anniversary  
Celebration

*Youville Dining Room*