



Home for Us Weekly Update - November 08, 2019

Home for Us started as an innovation and improvement project to understand the long term care experience for residents, family, and staff. Building on the insights gathered from months of observations, interviews, focus groups, and surveys, we are now in the next phase of “*Megamorphosis*.” This phase aims to rapidly test ideas from residents, family, and staff to build on the great care that staff currently provide. Building on qualities such as *compassion* and *empathy*, we strive to make sure that *emotional connections matter most*, *residents direct each moment* and that *home is not just a place, it is a feeling*.

Meaningful Moments

Inspired by the great work that is done every day at our homes, each week we highlight a meaningful interaction that brings us one step closer to the vision

“Beautiful Dreamer Wake Unto Me.....”



With music being in every aspect of my life throughout the last 40 years, many different terms come to my mind when I try to describe the meaning of music. However, I have to admit, the same cannot be said about Helen.

“When you hear the deep comforting sound, it kind of hits your belly button and then it shoots to your head. It is a deep long source of feelings that goes into your heart and leads to your inner body parts...”

“Music is a piece of life itself. It lightens up and it brings out every part of you. It goes into your gut... In that moment, you have changed!”

Helen must have realized the power of music from a very young age. Although she did not sing, she would move her body and conduct along with the music. She even shared her musical talents with her family, playing “Beautiful Dreamer” to them at bedtime.

Helen came to Brock Fahrni approximately 7 months ago. Because of her medical condition, she was often confined to the space in her room, whilst often being agitated and restless. She often felt discouraged, not doing things she loved, such as crocheting and knitting.

When Helen heard music, it was obvious that it deeply resonated with her. She became happy, calm and at times fell asleep within a session. Music created a platform in which we were able to connect in a special way. As an observer, I felt like I was travelling alongside her in her journey. Despite restrictions on time and space, I was able to share her joy and sadness with her. Many times, when I finished playing, she would not allow me to leave and could be heard cheering ecstatically, "More, more music!"

Sadly, Helen passed away last month. Although she is no longer with us, her love and connection to music despite the complications of her health, confirmed the power that music brings. Thank you, Helen.

~ Angela Wan, Music Therapist BFH

Kudos & Compliments

Highlights from the week

Cecilia Moore captured a couple of candid shots of Dr Ken Tekano and Cedric Soriano at HFH drilling a door knocker into Emilia's room. Emilia's was absolutely delighted and it showed in her beautiful smile!



It Takes A Village.....

Your help is needed!

Home for Us Working Group Key Message Correction:

Part 3 of Health Care Consent And Care Facility Admission Act goes into effect November 4, 2019

- Consent needs to be obtained for all residents to move to our homes

- (signed/verbal/inferred by conduct)
- If a resident expresses they want to leave:
 - If the adult is capable of making this decision, the adult can leave the care facility at any time.
 - If the adult asks to leave but may be incapable of making this decision, the manager must have the adult assessed.
 - -If the adult is assessed as incapable of making this decision, a Substitute Decision Maker (SDM) can provide consent for continued residency or consent to transfer to an alternate location (including transfer to another care come); the SDM can also withdraw consent for continued admission if a reasonable discharge plan can be developed.
 - Please contact the Social Worker, CNL or Manager for more information.

Important Dates

November 08 & 09, 2019
8:00am to 4:00pm

16th Annual Leadership
 Program for Physicians and
 Leaders in Long Term Care

Pan Pacific Hotel

November 11, 2019
10:30am

Remembrance Day Service
BFH, BF3 Dining Room

November 16, 2019

CST Go Live for SPH, MSJ
 & HFH