

Holy Family Hospital Inpatient Rehabilitation Admission Guidelines

Role and Scope

- 65-bed specialized rehabilitation unit (30 beds for neurological program, 14 beds for amputee program, 21 beds for orthopaedics program)
- Patient population groups include:
 - Stroke (ischemic/hemorrhagic)
 - Other neurological conditions: polyneuropathies, spinal stenosis with neurological deficits, neurological deficits post-op (spine, tumors etc.)
 - Amputee – above-knee amputation and below-knee amputation (single and bilateral)
 - Orthopaedic conditions: multi-trauma, fractured hips, total knee replacement, total hip replacement
- Age 55+

Admission Guidelines
<p>General</p> <ul style="list-style-type: none"> • Sustained significant loss of function as a result of the diagnosed condition • Experiences limitations in functional components such as mobility/motor, transfers, balance/postural control, limb weakness, cognition, swallowing, communication/speech, home/community environment • Demonstrates rehabilitation potential with expectation for timely clinical/functional improvement • Identifies rehab goals that are specific, measurable, realistic, and timely • Requires therapy from 2 or more disciplines (e.g. PT, OT, SLP) • A physiatry consult is required for all neurological conditions, amputees, and complex orthopaedic conditions
<p>Medical Stability</p> <ul style="list-style-type: none"> • Clinically stable for 24 hours or more with diagnosis and co-morbidities established and addressed
<p>Rehab Readiness</p> <ul style="list-style-type: none"> • Demonstrates an ability to actively participate and is able to follow visual/verbal commands consistently • Demonstrates an ability to learn (with carry-over) • Consents for transfer to rehab and has potential and motivation to participate and improve • Requires and is able to tolerate 2-3 hours of therapy per day
<p>Patient Specific Factors</p> <ul style="list-style-type: none"> • Controlled and/or managed incontinence • 2-person assist transfers with limited capacity to accommodate mechanical lifts due to ceiling lift availability • Good potential for discharge home • Will accept with no pre-determined discharge address • Accepts patients who have PEG with an intermittent feeding schedule, on peritoneal dialysis, on intermittent hemodialysis, or LVAD
Exclusion Guidelines – any one of the below could result in exclusion
<ul style="list-style-type: none"> • Appropriate rehab services available in local health region • Goals can be met through out-patient or community-based programs • Medically unstable • Medical interventions required that limit participation in therapy • Non weight bearing status that limits full participation in therapy • 1:1 supervision required • Aggressive behaviors that pose a threat to the safety of themselves or others • HFH Rehabilitation Program is not intended to be an extension of another rehabilitation program