



WEBSITE



Home for Us Weekly Update - May 15, 2020

Home for Us started as an innovation and improvement project to understand the experience of residents, families, and staff. Building on the insights gathered from months of observations, interviews, focus groups, and surveys, we are now in the next phase of **Megamorphosis**. This phase aims to rapidly test ideas from residents, families, and staff to build on the great care that staff currently provide. Building on qualities such as **compassion** and **empathy**, we strive to make sure that **emotional connections matter most, residents direct each moment** and that **home is not just a place, it is a feeling**.

Meaningful Moments

Inspired by the great work that is done every day at our homes, each week we highlight a meaningful interaction that brings us one step closer to the vision

A Note from a Granddaughter And a Link to a Free Concert

My name is Vanessa. My grandpa is one of the residents at the Brock Fahrni Pavilion. I am a student at the UBC School of Music my flute-violin-piano trio, *Rosea*, has put together a ~20 minute concert that we recorded in a very quarantine style, (I think you'll see what I mean!) to send to senior homes around Vancouver, hopefully to provide some entertainment as performances, understandably, cannot be in real life at this time.

Our first gig ever was at an Alzheimer's cafe, which is a monthly event held for seniors with Alzheimers to learn about their disorder and to make friends. It was a wonderful and eye-opening experience for us and the three nervous girls soon learned that there was much more to be excited about. A lady even came up to us afterwards and recommended the name "Ponytail Trio" to us because of the way our matching ponytails danced along to the music. Since then, we have performed at various locations around Vancouver including our own hall at the UBC School of Music, and a charity recital for S.U.C.C.E.S.S. over the summer.

Thank you! Hopefully we can play for Brock Fahrni in person very soon (and please say hello to my grandpa for me!)

Click here:

https://drive.google.com/filhe/d/1NbE7io7d4ybuP1wf7XS1cxM_rnmD9Xle/view?usp=sharing

Words of Wisdom

Quotes from Residents

Honorita Conway Community Members Cope as the Weeks Turn into Months

Thanks to Franca, Recreation Coordinator, who has facilitated conversations with the people that live at Honorita Conway about coping in lockdown. Here are some more quotes:

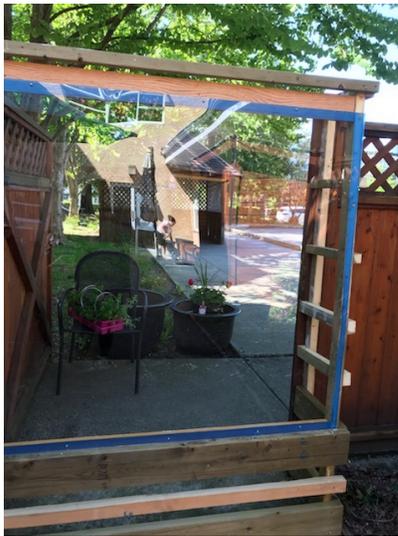
- *"I am finding it difficult. It's something different-something we've never seen before. Can't explain it. You don't know what to expect. How to be. It's a strange feeling; at least it is for me."*
- *"I am getting used to eating in my room. It takes getting used to. Someone made me cookies and said, "This is for you and I love you." It was such a sweet thing to do. I got goosebumps."*

Kudos and Compliments

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Many Special Events for Mother's Day

Thank you all who made special efforts on Mother's Day to facilitate visits on one of the busiest visitor days of the year in Long Term Care.



Chris Tassin created this window in the fence at Langara for visits with family in time for last weekend. The rest of the team organized to create appointments for families, decorate with flowers and take photos of visits.



At Honorita Conway, Franca Mother's Day event. Through balconies tenants could listen in Rebecca Blair performed in the

organized a very different open windows and on their balconies as harpist garden outside.

The weather was beautiful and the harp music was lovely...“Life seems to go on without effort when I am filled with music” - George Eliot

At Holy Family, the Recreation Coordinators worked with residents to create signs to show to families on the other side of the window.

Care for Residents, Families and Staff During COVID19 Crisis

For the health of residents, visitors and staff

For the best and most up to date information relevant to PHC LTC Staff, Residents and Families, please check these resources often:

Family Caregiver Support Services of BC Expand Services

www.familycaregiversbc.ca

The Caregiver Support Line has expanded to better support families during this time. Call toll-free at 1-877-520-3267, Monday to Friday, 8:30 am to 7:00 pm.

PHC Staff Resource

<http://covid19.providencehealthcare.org/>

PHC Family Information Resources

<http://www.providencehealthcare.org/ltc-covid19>

Multilingual COVID19 Resources

<https://digem.med.ubc.ca/covid-19-multilingual-resources/>

Free Premium Wifi for Residents and Families Until July 31 (Thanks to Telus)

<http://covid19.providencehealthcare.org/stories/keeping-families-connectedfree-premium-public-wi-fi-now-available>

It Takes A Village

Your help is needed!

Collecting Meaningful Moments and Kudos and Compliments: Let's keep sharing our great work to help inspire each other!

Please send me meaningful moments and kudos that you create or witness. Just send a quick email to cconvery@providencehealth.bc.ca with your story.