



# Home for Us Weekly Update - March 6, 2020

Home for Us started as an innovation and improvement project to understand the experience of residents, families, and staff. Building on the insights gathered from months of observations, interviews, focus groups, and surveys, we are now in the next phase of Megamorphosis. This phase aims to rapidly test ideas from residents, families, and staff to build on the great care that staff currently provide. Building on qualities such as compassion and empathy, we strive to make sure that emotional connections matter most, residents direct each moment and that home is not just a place, it is a feeling.

### **Meaningful Moment**

Inspired by the great work that is done every day at our homes, each week we highlight a meaningful interaction that brings us one step closer to the vision

## **Celebrating Couples at MSJ**



On February 27, we celebrated our couples at MSJ with a special dim sum lunch. Each year, the St. Paul's Foundation provides funding for all our residents to enjoy an Eden dim sum lunch around Chinese New Year. This year, with more couples residing in our home and committed spouses who visit daily, our amazing RAs Lucy, Andrea and Brenda came up with the idea to give our couples a dim sum date. Lucy, Andrea, Brenda, our amazing volunteers and the rest of the MSJ team transformed the Bamboo dining room into a restaurant setting with flowers and balloons and gave each couple a sweetheart table to enjoy their dim sum date. One of our family members, Kerry Chow, pulled some strings and invited Tina Park, a

professional violinist to perform during the sweetheart lunch. A good time was had by all.

-Faye Arnaly (OT) and Eva Wong (MT)





Come Alive: See the Possibilities

**Book Now!** 

**COME ALIVE: SEE THE POSSIBLITIES** event is happening March 26, 2020 at the Italian Cultural Centre. Encourage staff, invite families and residents! **Deadline to register is March 12.** This is wonderful opportunity to engage more in culture change discussions and opportunities that builds on the work already being done in your home.

Read more and register through Eventbrite. <u>https://www.eventbrite.com/e/come-alive-see-the-possibilities-tickets-94690298231</u>

#### **Kudos and Compliments**

Inspired by the great work that is done every day at our homes, each week we highlight a meaningful interaction that brings us one step closer to the vision

Do you know a PHC staff member, clinician, physician, researcher, or team that best demonstrates the Mission, Vision, and Values of Providence Health Care and the abiding spirit of the Founding Congregations of Sisters? If the answer is yes, please spotlight the amazing stories of individuals and teams who live our PHC vision and values by submitting your nomination for the **Mission** and **Keeping the Promise Awards**. Nomination forms can be found online here: <a href="http://phcnews.ca/news/call-mission-keeping-promise-award-nominations">http://phcnews.ca/news/call-mission-keeping-promise-award-nominations</a>

Deadline for applications is Friday March 13, 2020.

## Request for Resident Participation in Making T-Shirts

Providence in the Park Volunteer Opportunity

Mission Services has 50 Providence in the Park volunteer t-shirts that need decorating to add some razzle-dazzle for April 25th. The t-shirts pick up deadline is Thursday, April 16, 2020. They could be a stencilled design, finger painted design or made into a colourful t-shirt using tie-dye paints.

This is a great Art project with the following benefits:

- Residents contributing as citizens
- Creativity

Community building

Mission Services will reimburse for the cost of art materials.

If your Care Home is interested and/or need more information, please contact Lucy Luongo at lluongo@providencehealth.bc.ca or at (604) 321-2661 ext. 22363.

## **Home for Us Working Group**

Key Messages March 6, 2020

Below are key messages from the Home for Us Working Group gathering on March 6. If you have questions ask your leader for more information.

- Word of the day: "Hope-i-licious...the feeling of optimism and exciting about the shared journey we are on to improve the lives of the people we serve
- VCH Come Alive builds on and complements the work PHC is doing in Megamorphosis. Please
  encourage people to attend from your home, including families and residents. Read more and register
  through Eventbrite. <a href="https://www.eventbrite.com/e/come-alive-see-the-possibilities-tickets-94690298231">https://www.eventbrite.com/e/come-alive-see-the-possibilities-tickets-94690298231</a>
- CST the next wave is currently in the planning stage for Brock Fahrni, St Vincent's Lanagara, Youville and Honoria Conway
- Making Decisions Brochure has been updated to reflect changes in language and process used in our homes
- Selection of support surfaces (e.g. mattresses and cushions) is a shared responsibility by Nursing and OT/PT. A decision tool has been developed.

## **Important Dates**

March 26, 2020	March 27, 2020	April 20, 2020
Come Alive: See the Possiblities	Geriatric Services Conference	PHC Ethics Conference: Innovating failure: Ethical issues
8:00am to 4:00pm	8:30am to 4:30pm	on the path to health care advancement
Italian Cultural Center	Vancouver Convention Centre	http://ethics.providencehealthcare.org/
3075 Slocan Street		