

# **West Coast Conference on Aging**

**Equity Influencers: Tranforming Health Care for Aging Populations** May 31 - June 1, 2024



# PROGRAM

## DAY 1

**REGISTRATION AND COFFEE** 7:30 - 8:00 a.m.

8:00 - 8:05 a.m. **Opening Welcome** 

> Dr. Eli Puterman, Associate Professor, School of Kinesiology, University of British Columbia

**Coast Salish Welcome** 8:05 - 8:15 a.m.

> Elder Thelma Stogan, Coast Salish Elder Elder Arthur Stogan, Coast Salish Elder Felica Stogan

Reflection 8:15 - 8:25 a.m.

> Francis Maza, Vice President, Mission Ethics & Spirituality, Providence Health Care

8:25 - 8:30 a.m. **Opening Welcome** 

Fiona Dalton, President & CEO, Providence Health Care

**CHALLENGING PARADIGMS: CHANGING AGING** 

**Keynote Presentation: The Future of Aging:** 8:30 - 9:20 a.m. How it Intersects with the Shifts in the Future of Health

> Zayna Khayat, Health Futurist, University of Toronto and Deloitte Canada

The Successful Story of the TAVI 9:20 - 9:50 a.m.

> Dr. Sandra Lauck, Nurse Clinician Scientist, Providence Health Care and Associate Professor, School of Nursing, University of British Columbia

Scan QR code to view presenter & moderator photos & biographies



9:50 - 10:20 a.m. MORNING BREAK:

**NETWORKING AND POSTER PRESENTATIONS** 

10:20 - 10:50 a.m. Psychiatric Aspects of Dementia in Intellectual Disabilities Population

Dr. Vikram Palanisamy, Psychiatrist

10:50 - 11:20 a.m. • Community Supports for Adults Aging with Intellectual Disabilities
Affected by Dementia

Dr. Nancy Jokinen, Adjunct Professor, School of Social Work, University of Northern BC

11:20 - 11:50 a.m. Panel Discussion: Intellectual Development Disabilities

Panelists:

- Dr. Vikram Palanisamy
- Dr. Nancy Jokinen
- Roddy MacDonald, Fraser Health Manager for Health Services for Community Living
- Danielle Prpich, Executive Director, Long Term Care and Assisted Living Strategy and Policy, B.C. Ministry of Health

11:50 - 12:45 p.m. LUNCH: NETWORKING AND POSTER PRESENTATIONS

**CONCURRENT SESSIONS** 

12:45 - 1:15 p.m. • Making Healthcare and Age-friendly Communities Accessible to People Living with Disabilities

Crystal Pavilion Ballroom

Kathy Pichora-Fuller, Professor Emerita, University of Toronto

Embracing Harm Reduction in LTC: Changing our Perspectives on Care for an Evolving Population

PAC RIM Room 2, Gallery Level

- Ann Thomas, Social Worker, Central City Lodge
- Shelley West, Social Worker, Central City Lodge

#### **CONCURRENT SESSIONS**

1:15 - 1:45 p.m.

**Help BC Hear Better** 

Crystal Pavilion Ballroom

- Grace Shyng, Registered Audiologist and UBC Clinical Assistant Professor & Co-Chair, Help BC Hear Better
- Elissa Robb, Educational Audiologist & Committee Member, Help BC Hear Better
- Karen Harper, Councillor, District of Saanich
- Brain Wellness Beyond all Boundaries: From Idea to Implementation (BC Brain Wellness Program)

PAC RIM Room 2, Gallery Level

- Sally-Anne Stelling, Exercise Lead, BC Brain Wellness Program
- Alisa Hashimoto, Program Coordinator, BC Brain Wellness Program

1:45 - 2:00 p.m.

**AFTERNOON BREAK:** NETWORKING

2:00 - 3:00 p.m.

on **aging** 

Public Lecture: "Old Age is Made Up": How Identity and Aging is Changing in Profound Ways

Zayna Khayat, Health Futurist, University of Toronto and Deloitte Canada

#### PERSON-CENTRED CARE

3:00 - 4:00 p.m.

Flourishing in Older Age: The Essential Goal of Person-Centred Practice (Via Zoom)

Professor Brendan McCormack D.Phil (Oxon.), BSc (Hons.), FRCN, FEANS, FRCSI, PGCEA, RMN, RGN, FAAN, MAE

4:00 p.m.

CLOSING REMARKS

Dr. Eli Puterman



# DAY 2

7:30 - 8:00 a.m. REGISTRATION AND COFFEE

8:00 - 8:05 a.m. • Welcome

Mark Blandford, President & CEO, Providence Living Society Vice President Seniors Care, Providence Health Care

8:05 - 8:15 a.m. Reflection

Francis Maza, Vice President, Mission Ethics & Spirituality, Providence Health Care

8:15 - 9:00 a.m. Our Elders are Vital and Important':

An Indigenous Perspective on Elder Care

Fancy C. Poitras, Director, Indigenous Cultural Safety Development, Providence Health Care

9:00 - 9:45 a.m. • The Socio-Economic Influence on Aging

Isobel Mackenzie, Former BC Seniors Advocate (2014-2024)

9:45 - 10:15 a.m. MORNING BREAK:

**NETWORKING AND POSTER PRESENTATIONS** 

10:15 - 10:45 a.m. Interrupting Precarity: Striving for Care-full Care Labour in Long-Term Care Homes

Dr. Kimberly J. Lopez, Assistant Professor, University of Waterloo

VALUES BASED RESEARCH

10:45 - 11:15 a.m. • What Health Outcomes Matter. Care Transformation using a Value-Based Health Care Approach to Improve Results and Consider Costs

Dr. Shannon Jackson, Physician Lead, Value Based Health Care, Providence Health Care

11:15 - 11:45 a.m. • Climate Change and Inequities

Dr. Larry Barzelai, Chair of the BC Branch of the Canadian Association of Physicians for the Environment

11:45 - 11:55 a.m. • Awards Ceremony

11:55 - 12:50 p.m. UNCH: NETWORKING AND POSTER PRESENTATIONS

12:50 - 1:40 p.m.

**Presentation and Panel Discussion: Aging Experiences and the 2SLGBTQIA+ Community** 

#### **Panelists:**

- Dr. Joy Masuhara, Family Physician, Older Adult Mental Health
- Sandra Lee, Social Worker
- Chris Morrissey, Educator and Community Developer

#### **CONCURRENT SESSIONS**

1:45 - 2:15 p.m.

**Balancing Patient Eating Habits with Planetary Health** - Food QI Project to Reduce Food Waste

Crystal Pavilion Ballroom

Dr. Eileen M. Wong, Long-term Care Quality Improvement Physician Lead, Providence Health Care

What's Different? An Overview of the interRAI LTCF and CIHI's New Reporting System

PAC RIM Room 2, Gallery Level

Maria Klar, Clinical Specialist, Canadian Institute for Health Information (CIHI)

2:15 - 2:30 p.m.

**AFTERNOON BREAK: NETWORKING** 

#### **CONCURRENT SESSIONS**

#### 2:30 - 3:00 p.m.

# Is Care Work, Fair Work? Politics of Genderacialisation in Long-Term Care Homes

Crystal Pavilion Ballroom

- Rachel Almaw, Graduate Student at the University of Waterloo, pursuing her Master's of Science in Kinesiology and Health Sciences
- Dr. Kimberly Lopez, Assistant Professor, Univerity of Waterloo

# **Health Urgent Guide Services (HUGS)**

PAC RIM Room 2, Gallery Level

Health Urgent Guide Services for Japanese Canadian Internment Survivors, Nikkei Seniors Health Care and Housing Society:

- Shihori Scott-Moncrieff, HUGS Administrative Assistant
- Laura Wong, HUGS Guide
- Yvonne Nakano, Administrative Manager and HUGS Guide
- Marcia Carr, Clinical Nurse Specialist for Older Adults & Steering committee lead for HUGS

#### 3:05 - 4:05 p.m.

# **The Power of Collaboration**

Robert Nickerson, Communication Expert, Leading Collaboration, Inclusion and Curiosity

#### 4:05 p.m.

### Closing Remarks

Mark Blandford, President & CEO Providence Living and Vice President Seniors Care, Providence Health Care